

SEED to SUPPER

— a beginner's guide to low-cost vegetable gardening —

Free Gardening Classes

Saturdays, 1-3pm

June 15th – July 27th

(no class July 6th)

**Childcare, Spanish translation,
and transportation assistance**

available by request!

RSVP to Deb Lando:

deborahlando@gmail.com

(707)382-3251

June Events @ DN Community Health Center, 550 E Washington Blvd

- **June 15th – Planning Your Garden:** choosing your site, crop rotation
- **June 22nd – Getting Started with Healthy Soil:** soil building, composting, fertilizers, container gardening
- **June 29th – Planting Your Garden:** container selection, direct seeding, transplanting

July Events @ Family Resource Center, 494 Pacific Ave, Crescent City

- **July 13th – Caring for Your Growing Garden:** watering, protecting plants, vertical gardening, improving & protecting soil health
- **July 20th – Caring for Your Growing Garden Part 2:** weeding, pest identification & integrated pest management
- **July 27th – Harvesting & Using Your Bounty:** gardening for health, harvest, storage & nutrition, cooking from your garden

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